



Digital

PREP NEWSLETTER



4th - 8th May Trinity Term Issue 3

Headmaster's Message

Dear Parents and Guardians,

Parents of children in Forms Three, Four, Five and Six, thank you for allowing the staff and I to take your children away for one night or more over these past weeks. I write from 'Norfolk Lakes', a residential adventure centre packed full with experiences and challenges just waiting to be engaged with by the children. And engage with them, they have. My notebook, many notes from which are recited at the evening assembly, is – just one and half days in - already packed with anecdotes of kindnesses, acts of bravery, selfless deeds and more. Each one testament to the children's emerging robust character.

Arguably foremostly though, our children seem to have a propensity for looking out for people on the outside. Inclusion, it seems, is a 'golden-thread' or trait, common to all. Another stand-out commonality has been their inclination to give things a go. So far, not one has wanted to sit something out. In fact, the story has been quite the other way. Observing the high ropes earlier today, I witnessed one child dancing the jig about 90 feet off the ground. It struck me that experiences like the ones we give to our children aren't just enjoyed, they are devoured. Through this 'great devouring', the children encourage one-another, celebrate triumph over adversity, grow in strength and importantly, grow in resilience.

They say that in life, it's not the destination that matters so much as the journey. For our children and staff teams perspective at least, these last few journeys have been just a little short of sensational.

Yours sincerely,

Mr S Cartwright
Headmaster, St Edmund's Prep School

Religious Theme

Mary

Quote

"The only impossible journey is the one you never begin."
Tony Robbins

Mr Cartwright's quiz

Q: What is faster, the speed of sound or the speed of light?

A: The speed of light.

Q: What is the only mammal that can truly fly?

A: In next week's newsletter.

Stay connected



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Head Commendations

Benjamin Bussmann	Empathy: An excellent, emotion-filled Titanic telegram
Zion Cumming	Empathy: An excellent, emotion-filled Titanic telegram
Varenna-Nevaeh Insalaco	Empathy: An excellent, emotion-filled Titanic telegram
Leo Nugara	For a very creative representation of The Ascension for homework

Important Dates - Next Week

Monday 11 th May	Inter-House Cross Country
Wednesday 13 th May	6:30pm-8:30pm – Form 5 Parent's Cheese and Wine Evening, College
Thursday 14 th May	Pre-Prep Music, Drama and Dance Morning Whole School Mass (Ascension)
Friday 15 th May	Southworth Charity Event

Important Dates - This Term

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Friday 15 th May	Southworth Charity Event
Monday 18 th May	Form 4 Residential to SPEC
Wednesday 20 th May	Sports Day Field Events
Friday 22 nd May	Sports Day – Nursery and Reception in the morning, Forms 1 to 6 in the afternoon After School Parent & Staff Sport and Social 3:30pm/4:30pm – Last Day of Term
Monday 25 th May – Friday 29 th May – Half Term	
Monday 1 st June	First day back to school after half term
Friday 5 th June	8:45am-9:45am – Welcome Back Coffee Morning with Mr Cartwright, Griffiths Room (College)
Monday 8 th June	Assessment Week
Tuesday 9 th June	Moving Up and New Students Induction Day
Friday 12 th June	2:00pm – EYFS Teddy Bears Picnic 3:00pm – Reception to Form 1 Parent's Transition Meeting
Friday 19 th June	8:45am-9:45am – Forms 1 & 2 Father's Day Celebration (Prep Hall) Form 2 Big Camp Out (until the morning of Saturday 20 th June)
Monday 22 nd June	Colour Run (Southworth Charity Fundraising Event)
Thursday 25 th June	2:00pm – Prep Prize Giving, Butler Hall
Friday 26 th June	Nursery & Reception Shepreth Wildlife Park Trip
Saturday 27 th June	Exhibition Day
Monday 29 th June	2:00pm – Mass (Celebration of First Holy Communion Children)
Thursday 2 nd July	6:30pm – Prep School Production with refreshments from 5:45pm
Friday 3 rd July	6:30pm – Prep School Production with refreshments from 5:45pm Reports live to parents
Monday 6 th July	Form 6 Parents & Children's Leavers Party
Wednesday 8 th July	Final Assembly 2:30pm – Last day of term finish (no Tea Time Club)

Eco Corner

Eco Ideas

The Eco Ambassadors have thought of little ways we can try to be more Eco conscious in and around the school as well as in our lives.



If you have a garden, use a compost bin.





Inter-House Cross Country - Monday 11th May

On Monday 11th May, all children will be taking part in the Inter-House Cross Country event. Children should therefore come to school wearing their Games kit.

Swimming lessons for EYFS and Form 6 will continue as usual.

Pre-Prep Performance - Thursday 14th May

On Thursday 14th May, Forms 1 & 2 will be taking part in the Pre-Prep Performance showcasing all things performing arts. Form 1 & 2 parents are warmly invited to join us for refreshments beforehand from 8:30am in the Parlour, with the performance beginning at 9:15am in the Prep Hall. For catering purposes, please indicate whether you are able to attend using this [link](#).

Southworth House Charity Day - Friday 15th May

On Friday 15th May, Southworth House will be celebrating our chosen charity for the term with a special visit from the Jane Goodall Institute. Representatives from the charity will be joining us to talk about their work and to inspire us in our fundraising and awareness efforts.

Next week is also Mental Health Awareness Week, and to link with this we are inviting everyone to take part in the "Wear It Green" campaign on the same Friday. Pupils and staff are encouraged to wear something green (e.g a hairband, socks or a badge) or go fully green! This also ties in perfectly with both our Southworth House colour and the Jane Goodall charity's environmental focus.

We won't be collecting donations on that day, as the focus will be on raising awareness. There will, however, be another charity event later in the term when we take part in the Colour Run. More details on that will follow soon.

E-Safety

Group Chats

Is your child part of any group chats? This could be on social media, for example on WhatsApp or within games such as Fortnite. If so, it is important that you are aware of the potential risks, which include:

- Inappropriate content – there is often a lack of moderation within chat facilities so users could be exposed to content/language that is not suitable for their age.
- Bullying – there are many instances where inappropriate/hurtful comments are shared within groups, this could take the form of name calling or body shaming. Bullying can also be in the form of excluding others from the group. These issues often overspill into 'real life'.
- Strangers – your child could be added to groups with people they do not know or even someone they have previously blocked.
- Conversations can be shared/screen shot – make sure your child is aware that anything they share within a group can be shared with others.
- Sharing personal information – remind your child to be aware of the information they share with others, including images and location.

How can I help make group chats safer?

- Check the recommended age rating and adhere to them.
- Set up age-appropriate parental controls, suitable privacy settings and set screen time limits.
- OnWhatsApp you can do a privacy check, by going to settings, privacy and privacy checkup.
- Show your child how to use any reporting and blocking tools.

What else can I do?

- It is crucial to have regular conversations with your child about the risks outlined above and about what they are doing online.
- Talk about who they are chatting with, encourage them to think carefully about what they send and how it could be perceived by others.
- Talk about positivity and not saying anything hurtful. Ask them to think about whether they would say what they are messaging, face to face.
- Devices should be used in family rooms so you can monitor what they are doing and who they are interacting with.
- Finally, make sure to model good digital behaviour yourself, as children often learn by observing the adults around them.

Further Information:

[NSPCC Chat apps](#)

This Week In The Prep

Library news: Can We Hit 1,500?

This year has been nothing short of extraordinary for our school library. So far, 998 books have been borrowed! That's hundreds of stories explored, facts discovered, imaginations sparked, and new favourite authors found. It's a number worth celebrating, and it shows just how much reading is thriving in our school community.

But here's the exciting part: We are so close to a huge milestone. Can we reach 1,500 books borrowed? We're just 502 books away, and with the energy in our school right now, it feels absolutely within reach.

It shows that students are choosing to read for fun, curiosity, and learning. It helps us understand what kinds of books you love, so we can bring in even more of them. It builds a culture where reading is something we celebrate together, not just something we do in lessons.

The library will hold a "Borrowed the 1,500th Book" mini-celebration! Whoever checks out the 1,500th book will get a certificate, a bookmark, and a shout-out in the newsletter.



Form 2 Aboard the Titanic

Form 2 stepped aboard the Titanic and wrote diary entries from the perspective of passengers on the iconic ship. Some took on the role of first-class travellers, while others imagined life in third class, allowing them to explore the contrasting experiences on board.

The children carefully incorporated key features of diary writing, and their vivid descriptions brought their accounts to life. When shared aloud, their writing made it feel as though we were right there with them on the journey.

10th APRIL 1912
Dear diary today I came aboard the unsinkable ship the titanic I was a richy passenger my room had a double bed and another room with a golden toilet with a curly tap and my dinner and breakfast were divine and the view was incredible

10th April 1912
Dear Diary
Today I went on board the unsinkable Titanic it was lovely I walked down to my third class room it small but warm and it was very big ship I was top bunk on my wooden bunk bed. For breakfast I had dry toast with butter and some sticky jam it was better than nothing. I shared my room with my mum, my dad and my baby brother we each had one bed. For lunch I had rice pilaf and some water it even grander than my lunch at home in Ireland. Then me and my family had a walk around the top deck. I also read a book until two o'clock. Then for dinner it was steak, bread and water it was very lovely to eat.

Dear Diary
Today I have boarded the Titanic I am in 3rd class. In the morning I have to sit and wait I sleep with my mum and dad. I am so happy to be on the ship. We have a small room. But I am so happy my room was warm and cosy. The Titanic is as big as a mountain. Same time for dessert we have biscuits and for breakfast we have porridge. It was so exciting to be on the Titanic.

1912 Dear Diary 10th April
To day I boarded the grand Titanic it was shiny and new. I was 1st class and my room was big I had a beautiful bed my room had patterns. I went to the grand dining room.

10th April 1912
Dear Diary
today I went to the Titanic it was as big as the whole earth I couldn't believe it! in my room I had a beautiful bed and I was first class for breakfast I had sausages, white baked beans and some toast. For dinner we had some divine food we had lamb roasted duck and chocolate and vanilla eclairs it was the best ever we went to Irish Southhampton then we went to France and then we went to America the trip was very fun my room was amazing the ship had lots of games and stuff to do.

10th April
Dear diary
Today I have went on board the Titanic I am in 3rd class. My room is small but cosy. I'm staying here with my mum and brother. My brother is a monkey. I had bunk beds so I had the top. The first day for breakfast I had porridge. It was yummy. I loved my class. There is a lounge.



Keeping it Real on Residential

The trip to Norfolk Lakes, undertaken separately but together this week by Forms Five and Six, was immensely enjoyed. A few photographs here for you to get a taster before the full feature published next week.



Bikeability

Forms 3 and 4 had the exciting opportunity to take part in a Bikeability session this week. During the sessions, children learnt essential cycling skills, including how to ride safely, care for their bikes, and stay safe on the roads. It was a fantastic opportunity to build confidence and develop important road safety awareness, and everyone had a wonderful time taking part.



Photo of the Week

Macro Photography Project

Faustine Bussmann

